In 2014, Kentucky Health Justice Network, in collaboration with the University of Louisville, surveyed trans-identified Kentuckians on their access to healthcare and their experiences receiving general and gender-related treatment. A total of 81 individuals responded with insights into whether & how they are able to access healthcare that is affordable, reliable, & respectful.

4 in 5 Respondents reported that they have received, or currently receive, healthcare related to their trans identity, such as hormone replacement therapy or gender confirmation surgery.

2 in 5 Respondents reported that they were not able to get the mental healthcare assessment they need in order to meet the requirements or required diagnosis for accessing gender-affirming care.

1 in 5 Respondents reported that they do not currently have health insurance. More than 3 in 5 respondents who do have coverage said that they are worried that their insurance company

Trans-related healthcare such as hormone replacement therapy and gender confirmation surgery is often out of reach for individuals who need it.

Less than a quarter of respondents reported that their insurance covers any healthcare related to trans identity, leaving them to cover the full cost of care of their own, or go without.

3 in 5 Respondents have an annual income of less than $30,000.

“As soon as [my insurance company] found out I was transgender … they denied me of any coverage for anything related to my transition. The doctor’s visit itself, bloodwork, medication, everything has been completely on my shoulders since.”

Many people self medicate because they don’t have financial means to access a doctor.

“I’ve had to travel to Nashville, TN to receive any help at private practice which isn’t covered by insurance so is extremely expensive and without being able to obtain employment I can’t continue even the most basic treatment here. I’ve been denied services at health care facilities and I’ve been harassed to the point (by management) where I had to quit my job.”
1 in 5
Respondents reported that their current healthcare provider(s) is not competent in providing care to transgender-identified individuals.

4 in 5
Respondents reported that they have had to educate their healthcare providers about their health needs related to their gender.

4 in 5
Respondents have not received gender and sexuality-inclusive information and resources on safe sexual practices from their healthcare providers.

2 in 3
Respondents reported that their current healthcare providers are NOT meeting their reproductive health needs, such as STD tests, pap smears, or fertility services.

1 in 10
Respondents traveled over 25 miles one-way to access trans related care from a primary care physician.

1 in 4
Respondents traveled over 25 miles one way to access trans-related therapy services.

1 in 3
Respondents traveled over 25 miles one way to access trans related specialized healthcare.

Almost one-third of participants also reported being refused treatment due to their perceived gender and/or sexual identity from a variety of health care providers.

“I depend on word-of-mouth to know whether a physician is likely to be able to be well-informed and helpful. Very frustrating, especially in combination with my insurance coverage's blanket exclusion of all transition-related healthcare expenses.

“I feel the medical community in my area is grossly ignorant of the health care needs of the trans population.”

“Every doctor I've had ... I have had to educate about every basic detail of my health care. Some of them even refused to change my name and pronouns, those doctors I never saw again.”

“Why isn't the therapy profession more comprehensively regulated to keep "specialists" updated in their own specialization?"

“To find a doctor that would prescribe me testosterone I had to drive from near [my home city] to Nashville, TN. This was the closest doctor with trans experience who could see me inside of 4 months.”

#kytranshealth
kentuckyhealthjusticenetwork.org