

# **Resources for Trans Adults in Kentucky**



**This guide was compiled by the KHJN Trans Health Advocacy Program in June 2022 and Updated \_\_\_\_\_.**

**If you have trouble with any of the resources or providers on this list, have more we should add, or have questions about accessing care in Kentucky, email [transhealth@khjn.org](mailto:transhealth@khjn.org)**



# Advocacy and Support Organizations

## State Wide

### **Kentucky Health Justice Network - Trans Health Program**

[khjn.org/transhealth](http://khjn.org/transhealth)

Advice, recommendations, resources, legislative advocacy education, assistance with copays, and gender-affirming clothing. The resource page includes info on how to get a name change, how to choose a provider, how to report discrimination, etc.

### **The Fairness Campaign**

[fairness.org](http://fairness.org)

Legislative advocacy legislation prohibiting discrimination on the basis of sexual orientation and gender identity and expression.

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### **PFLAG Louisville**

[pflaglouisville.org/](http://pflaglouisville.org/)

Support for families, allies and people who are LGBTQ

### **PFLAG Central Kentucky**

[pflagcentralky.org/](http://pflagcentralky.org/)

Support for families, allies and people who are LGBTQ

### **PFLAG Owensboro**

[pflag.org/chapter/pflag-owensboro](http://pflag.org/chapter/pflag-owensboro)

Support for families, allies and people who are LGBTQ

### **PFLAG Somerset**

[pflagsomerset.org/](http://pflagsomerset.org/)

Support for families, allies and people who are LGBTQ

## Local

**Local**

**Louisville Pride Foundation**

[louisvillepride.com](http://louisvillepride.com)

Louisville LGBT Community Center and Louisville Pride Festival

**Lexington Pride Center**

[lexpridecenter.org](http://lexpridecenter.org)

Lexington's LGBTQIA+ community center and the Lexington Pride Festival. Houses TransKentucky and Lexington Gender and Sexuality Alliance for Youth.

**Louisville Transmasculine Alliance**

[facebook.com/LouTransMascAlliance](https://facebook.com/LouTransMascAlliance)

Social and support group

**Pikeville Pride**

<https://pikeville-pride.square.site/>



**Trans Lifeline**

[translifeline.org](http://translifeline.org)

Trans-led peer support hotline/

**The National Center For Trans Equality**

[transequality.org/](http://transequality.org/)

**The Transgender Law Center**

[transgenderlawcenter.org/](http://transgenderlawcenter.org/)

**Transgender Legal Defense & Education Fund**

[transgenderlegal.org/](http://transgenderlegal.org/)

**National**

# **Facebook Groups**

Kentuckiana Transgender Support Group

TransLex

Western Kentucky Transgender Alliance

Southern Kentucky LGBTQIA Community

Western Kentucky LGBTQ+ Community

Non-Binary Collective Kentuckiana

Transgender People of Kentucky

Somerset Ky LGBT

LTMA Member Chat

Trans Women National

# Providers

Disclaimer: This provider list comes from community reviews, meaning the providers on this list have all been recommended by a member of our community. We cannot guarantee that meaning you will have a great experience with every provider on the list as all of our situations are different. However, this is a good jumping-off point and can help you get an idea of which providers near you offer the services you need.

Provider experiences might not also be reflected in front desk staff and nursing staff experiences as they often don't get the same trans competency training.

# Hormone Replacement Therapy

**Lisal Folsom, MD**

Louisville

*Endocrinologist*

**Clayton Smith, MD**

Louisville

*Primary Care Provider*

**Eli Pendleton, MD**

Louisville

*Primary Care Provider*

**Jennifer Caskey**

Louisville

*Primary Care Provider*

**Planned Parenthood**

Louisville & Lexington  
(18+)

**Rachel S. McNeil, APRN**

Lexington

*Primary Care Provider*

**Lisa R. Tannock, MD**

Lexington

*Primary Care Provider*

**Sarah T Marks, MD**

Lexington

*Primary Care Provider*

**Keisa Fallin-Bennett, MD**

Lexington

*Primary Care Provider*

**Craig Losekamp, MD**

Bowling Green

*Primary Care Provider*

Direct number for LGBT Folks:

(270) 746-5789

**Hope Havener, MD**

Bowling Green

*Primary Care Provider*

**Janet Black, NP**

Queermed

Virtual

**Carrie Thonen, APRN**

Louisville

*Endocrinologist*

**Joanne E. Brown, DNP, APRN**

Lexington

*Primary Care Provider*

Underlined providers were reported to provide care based on informed consent, meaning they don't require a therapist letter

# Therapists

## **Mandala House**

Louisville

## **K. Vanessa Blades, LPCC**

Bridge Counseling

Louisville

## **Jessica Pipalski, LPCA**

Peaceful Solutions

Louisville

## **Kat Joyner, LCSW**

Meridian Behavioral Health

Louisville

## **Amanda Townsell, LPCC**

(Teens only)

Louisville

## **Warren Lambert, PhD**

Meridian Behavioral Health

Louisville

(Booked far out but keeps weekly availability for writing support letters for HRT and surgery)

## **Jay Ingram, LPCC**

Meridian Behavioral Health

Louisville

## **Shannon Wyatt, LPCC**

Clarity Counseling Services

Lexington

## **Londa Stockton, LCSW**

Lifeskills, Inc.

Bowling Green

## **Susan Deimer, LCSW**

Louisville

## **Dr. Steven Johnson, LCSW**

UK Psychiatry

Lexington

## **Jared Smith, LPCA**

Pathways

Ashland

## **Brittany Roach**

Aspen Counseling LLC

Ashland & Virtual

## **Joshua Turner, PhD**

Richmond

## **Jack L. Garner, LCSW**

Virtual



**Carole R. Huffman, LCSW**  
Cumberland River Behavioral Health  
Corbin

**Amelia Neuroth, LPCC**  
Integrative Counseling Center  
Lexington

## **Other Providers/Specialists**

**Sara Petruska, M.D.**  
Louisville  
*OB/GYN*

**Mary Lloyd Ireland, MD**  
Lexington  
*Orthopedist*

**Amy Jessie, CD**  
Lexington  
*Doula*

**Megan L. Hutchcraft, MD**  
Lexington  
*OB/GYN*

**Richard Francesco, MD**  
Somerset  
*Primary Care Provider*

# **Gender Affirming Surgery**

**Frederick Zachman, MD**

University of Kentucky

Lexington

Hysterectomy

**Dr. Andrea Colton**

Lexington Breast Care Center

Lexington

Top Surgery (masculinizing and feminizing)

**Dr. Chet Mays**

Caloesthetics

Louisville, KY

Top Surgery (masculinizing and feminizing)

**Tathyana Fensterer, MD, PHD**

Baptist Health

Louisville

Facial Feminization (currently not performing FFS), Top Surgery (masculinizing and feminizing)

**Nikita Gupta, MD**

UK Healthcare

Lexington

Facial Feminization

# **Gender Affirming Surgery**

**Jonathan Written, MD**

First Urology

Louisville

Vaginoplasty and Vulvoplasty, Orchiectomy, Metoidioplasty,  
and prosthesis placement after Phalloplasty

**Durham-Smith, MD (retiring soon)**

KY Plastic Surgery

Louisville

Top Surgery

# **Vocal Training**

**Karen Crow, M.M., M.A., CCC-SLP**

Center for Louisville Voice Care

Louisville

**Trans Voice Lessons**

Virtual

[transvoicellessons.com/](https://transvoicellessons.com/)

**The Voice Book for Trans and Non-Binary People**

(2018)

**Eva**

Voice Training App