

Resources for Trans Youth in Kentucky



This guide was compiled by the KHJN Trans Health Advocacy Program in June 2022 and Updated _____.

If you have trouble with any of the resources or providers on this list, have more we should add, or have questions about accessing care in Kentucky, email transhealth@khjn.org



Advocacy and Support Organizations

State Wide

Kentucky Health Justice Network - Trans Health Program

khjn.org/transhealth

Advice, recommendations, resources, legislative advocacy education, assistance with copays, and gender-affirming clothing. The resource page includes info on how to get a name change, how to choose a provider, how to report discrimination, etc.

The Fairness Campaign

fairness.org

Legislative advocacy legislation prohibiting discrimination on the basis of sexual orientation and gender identity and expression.

Louisville Youth Group

louisvilleyouthgroup.org

LYG empowers QTBIPOC/LGBTQIA+ youth to grow into healthy and resilient leaders through community connection, life skills education, and social advocacy.

PFLAG Louisville

pflaglouisville.org/

Support for families, allies and people who are LGBTQ

PFLAG Central Kentucky

pflagcentralky.org/

Support for families, allies and people who are LGBTQ

PFLAG Owensboro

pflag.org/chapter/pflag-owensboro

Support for families, allies and people who are LGBTQ

PFLAG Somerset

pflagsomerset.org/

Support for families, allies and people who are LGBTQ

Local

Local

Louisville Pride Foundation

louisvillepride.com

Louisville LGBT Community Center and Louisville Pride Festival

Lexington Pride Center

lexpridecenter.org

Lexington's LGBTQIA+ community center and the Lexington Pride Festival. Houses TransKentucky and Lexington Gender and Sexuality Alliance for Youth.

Louisville Transmasculine Alliance

facebook.com/LouTransMascAlliance

Social and support group

Pikeville Pride

pikeville-pride.square.site/

National

Trans Student Educational Resources

transstudent.org

Trans Lifeline

translifeline.org

Trans-led peer support hotline

The National Center For Trans Equality

transequality.org/

The Transgender Law Center

transgenderlawcenter.org/

Transgender Legal Defense & Education Fund

transgenderlegal.org/

Facebook Groups

(Check the group rules first because some are 18+)

Kentuckiana Transgender Support Group

TransLex

Trans Parent Lex

Western Kentucky Transgender Alliance

Southern Kentucky LGBTQIA Community

Western Kentucky LGBTQ+ Community

Non-Binary Collective Kentuckiana

Transgender People of Kentucky

Somerset Ky LGBT

LTMA Member Chat

Trans Women National

Providers

Disclaimer: This provider list comes from community reviews, meaning the providers on this list have all been recommended by a member of our community. We cannot guarantee that you will have a great experience with every provider on the list as all of our situations are different. However, this is a good jumping-off point and can help you get an idea of which providers near you offer the services you or your child need.

Provider experiences might not also be reflected in front desk staff and nursing staff experiences as they often don't get the same trans competency training.

Pediatric Endocrinologists for Hormone Blockers

Dr. Lisal Folsom, MD

Louisville

Dr. Suzanne Erinn Kingery, MD

Louisville

Dr. Losekamp, MD

Bowling Green

(This provider is not accepting new patients but if you call and say you are looking to start blockers they will make an exception)

Janet Black, NP

Queermed

Virtual

Financial Assistance for Lupron via myAbbVie Assist

abbvie.com/patients/patient-assistance/program-qualification/lupron-depot-program-selection

If you have any trouble figuring out how to apply contact us at transhealth@khjn.org

Hormone Therapy for Older Adolescents/Young Adults

Lisal Folsom, MD

Louisville

Endocrinologist

Clayton Smith, MD

Louisville

Primary Care Provider

Eli Pendleton, MD

Louisville

Primary Care Provider

Jennifer Caskey

Louisville

Primary Care Provider

Planned Parenthood

Louisville & Lexington

(18+)

Rachel S. McNeil, APRN

Lexington

Primary Care Provider

Lisa R. Tannock, MD

Lexington

Primary Care Provider

Sarah T Marks, MD

Lexington

Primary Care Provider

Keisa Fallin-Bennett, MD

Lexington

Primary Care Provider

Craig Losekamp, MD

Bowling Green

Primary Care Provider

Hope Havener, MD

Bowling Green

Primary Care Provider

Janet Black, NP

Queermed

Virtual

Carrie Thonen, APRN

Louisville

Endocrinologist

Joanne E. Brown, DNP, APRN

Lexington

Primary Care Provider

Underlined providers were reported to provide care based on informed consent, meaning they don't require a therapist letter

Therapists

Mandala House

Louisville

K. Vanessa Blades, LPCC

Bridge Counseling

Louisville

Jessica Pipalski, LPCA

Peaceful Solutions

Louisville

Kat Joyner, LCSW

Meridian Behavioral Health

Louisville

Amanda Townsell, LPCC

(Teens only)

Louisville

Warren Lambert, PhD

Meridian Behavioral Health

Louisville

(Sees teens and adolescents,
booked far out but keeps weekly
availability for writing support letters
for HRT and surgery)

Carole R. Huffman, LCSW

Cumberland River Behavioral Health

Corbin

Shannon Wyatt, LPCC

Clarity Counseling Services

Lexington

Amelia Neuroth, LPCC

Integrative Counseling Center

Lexington

Michelle Sames, LPCC-S

National Youth Advocate

Winchester

Joshua Turner, PhD

Richmond

Londa Stockton, LCSW

LifeSkills, Inc

Bowling Green

Vocal Training

Karen Crow, M.M., M.A., CCC-SLP

Center for Louisville Voice Care

Louisville

Trans Voice Lessons

Virtual

transvoicellessons.com/

The Voice Book for Trans and Non-Binary People

(2018)

Eva

Voice Training App